



Lent 2023

Small Group Lesson: Week 5

Message: Am I the Problem? Prayer Life

Main Idea: I am the problem when it comes to my prayer life.

Main Scripture: Matthew 7:7-11

Remember to discuss the invitation to attend the Maundy Thursday Communion and Night of Prayer experience as a group. https://pathway.church/pages/easter/

Group Check In: What did you learn about yourself last week as you strived to not push your pearls onto others?

Prayer

Connect: In your opinion, why is there a gap between a meaningful prayer life and people's everyday experience?

Video 10 Minutes

In the Word:

1. Matthew 7:7-11

- Why should we expect that our prayers will be answered?
- How does considering the perspective of a parent help us trust God more?

2. Matthew 6:8; & James 4:2b

If God already knows what we need, how does asking help us?

3. Psalm 46:1-2

What makes it easier to trust God in difficult circumstances?

Application:

- 1. How much do you really trust God in your daily life practice?
- 2. What decision will you make today to improve your prayer life?

Prayer Allow time for quiet reflection, then slowly, thoughtfully pray the Lord's Prayer in unison. Then move into silence for more reflection followed by spoken out loud prayers. Have someone designated to close the prayer time.