

Small Group Series

Unstuck

Small Group Lesson: Week 3

Message: Keeping it Real

Main Idea: The examined life, truly knowing the truth about self, is a nonnegotiable for anyone who really wants to experience freedom and become the person God created them to be.

Main Scripture: Psalm 139:23-24

Step 3: I resolve to make a fearless and searching inventory of myself.

Group Check In: What was your favorite television show as a child?

Prayer

Connect: What does it mean to “keep it real” with yourself about yourself?

From the Weekend Message

In the Word: Matthew 23:25-28

- Why did Jesus call the teachers of the law and the Pharisees hypocrites (actors)?
- Why did their behavior upset Jesus?
- What did Jesus do to help them see the reality about themselves?
- What do you imagine their reaction was and in what ways are we sometimes like the Pharisees?

From the Small Group Video

In the Word: Psalm 139:23-24

- What are the actions these verses mention?
- What do they teach us about God?

Application:

- What are your thoughts on taking a moral inventory?
- How are you progressing with your own?
- How does your “inside” match your “outside?”
- If possible, allow time for everyone to do some work on their Inventory. Do a brief check in on the experience.

Prayer Use Psalm 139:23-24 as your closing prayer.