

# SERMON NOTES

September 14 & 15, 2024

## It's Ok to Not be Ok: How to Keep Going When Life is Not Ok Book of Job

1. **Key Question:** Does \_\_\_\_\_ have \_\_\_\_\_? **Job 1:9**
2. **God's Response:** \_\_\_\_\_ in a \_\_\_\_\_ is \_\_\_\_\_  
than the pain of suffering. **Job 2:9, 10**
3. **Shiva:** \_\_\_\_\_ for seven days and seven nights.  
**Job 2:13 | Romans 12:15**
4. **Mesopotamian Wisdom Literature:** **Job 3:1; 6:4; 19:6**  
  
If you're \_\_\_\_\_, you must have \_\_\_\_\_.  
  
If you're \_\_\_\_\_, you must have \_\_\_\_\_.
5. **Book of Job's Wisdom:**  
  
a. God is gratuitously \_\_\_\_\_, uncontrollably \_\_\_\_\_, irrationally \_\_\_\_\_.  
**Job 23:3-4; 38:1, 2-7, 25-27; 39:13, 18; 40:15, 19; 41:1,33**  
  
b. The goodness of God and the reality of his presence \_\_\_\_\_. **Job 42:5, 7**
6. **Job's Daughters:** **Job 42:12-15**  
  
Jemimah – \_\_\_\_\_  
  
Keziah – \_\_\_\_\_  
  
Keren-Happuch - \_\_\_\_\_
7. **Job's Legacy:** \_\_\_\_\_, Job has \_\_\_\_\_, gratuitously  
good, uncontrollably generous and irrationally loving.

# Life Steps

**It's Ok to Not be Ok:** How to Keep Going When Life is Not Ok | September 14 & 15, 2024

## Monday

**Job 1:1**

**Reflect:** What kind of person was Job, and how is he perceived by the people of Uz? How do you think the people who really know you perceive you when your life is not okay? What did you find most memorable and helpful from the weekend message? Why?

**Prayer:** Sit silently before the Lord for at least 7 minutes, allowing God to comfort you and give you peace for the day.

## Tuesday

**Job 1:1-5**

**Reflect:** During the early part of Job's story, the amount of blessing Job experiences is mistakenly seen as being proportional to the amount of obedience he offers God. How does this belief influence the way you approach your own life and your relationship with God?

**Prayer:** Sit silently before the Lord for at least 7 minutes, allowing God to comfort you and give you peace for the day.

## Wednesday

**Job 1:13-22**

**Reflect:** What is Job's response when calamity falls upon his household? Recall a time when life was not okay and how God met you during your struggles. What did you learn about God through that experience?

**Prayer:** Sit silently before the Lord for at least 7 minutes, allowing God to comfort you and give you peace for the day.

## Thursday

**Job 2:1-8, 10c**

**Reflect:** What is the main question upon which Satan is challenging God? What happened to Job and how different was his reaction after the second wave of calamity? How do you typically react when trouble comes in multiple waves?

**Prayer:** Sit silently before the Lord for at least 7 minutes, allowing God to comfort you and give you peace for the day.

## Friday

**Job 2: 9-10**

**Reflect:** What do you think Mrs. Job experienced as she watched her husband and family suffer? What attitude do her words to Job reveal? How common is Mrs. Job's attitude among people when things are not okay? Are you more like Job or Mrs. Job? Explain.

**Prayer:** Sit silently before the Lord for at least 7 minutes, allowing God to comfort you and give you peace for the day.

## Saturday

**Job 2:11-3:1; 19:1-20**

**Reflect:** Describe how Job is feeling towards his friends. Describe how Job is feeling towards God. Do you think it is okay to question God? Why or why not? Is God okay with us even when we are not okay with God? Why or why not?

**Prayer:** Sit silently before the Lord for at least 7 minutes, allowing God to comfort you and give you peace for the day.

## Sunday

**Job 42:1-17**

**Reflect:** Why does God allow suffering to occur? What is your most significant life application from the Book of Job?

**Prayer:** Father in heaven, thank you for the blessings and trials of life. Help me to know that I am safe in your hands. Teach me to walk in faith, trusting that you, who began a good work in me, will carry it on to completion until the day of Christ Jesus. In Jesus name, amen.