dav Genesis 40:1-8

He Understands: Pain March 17-23, 2025

Reflect: Joseph had experienced much pain in his life up to this point. He had every right to isolate and play the victim. And yet, despite his pain, Joseph remained open to the needs of the people around him. Regardless of where you are today, find someone in need and serve.

Prayer: God of new life, let your light shine through my pain today.

Monday

Extra Mile: Isaiah 41:10 - Jesus is with you always and is strengthening you today.

Tuesday Ruth 1:1-18

Reflect: Despite her pain, Ruth remained open to the path of God by staying with Naomi. And because of her selflessness, this decision created a family line that led all the way to Jesus' birth. When you serve through your pain, God plants seeds through you that lead to victories for generations. As you serve today, trust that God is doing just that.

Prayer: God of new life, let your light shine through my pain today.

Extra Mile: 2 Corinthians 1:3-5 - Remember the comfort you have received and share it.

Wednesday Psalm 13

Reflect: Through all the persecutions by Saul, even in his deep pain, David remained hopeful in the goodness of God. Read verses 5-6 again, and keep them with you today as you claim hope in God.

Prayer: God of new life, let your light shine through my pain today.

Extra Mile: 2 Timothy 1:7 - What is holding you back?

Thursday Jeremiah 29:1-11

Reflect: This message of hope from God came to the Israelites in the middle of their deep pain. Their homes were destroyed, and the temple of God burned to the ground. But there was still reason to have hope. And there is still reason for you to have hope through your pain. Our hope is in this same promise of God.

Prayer: God of new life, let your light shine through my pain today.

Extra Mile: Romans 15:13 - Open up to the possibilities.

Friday Nehemiah 8:9-10

Reflect: After many years of exile, the Israelites were able to return and build new life from the ashes of yesterday's pain. How is God creating new life in you today through the ashes of your past?

Prayer: God of new life, let your light shine through my pain today.

Extra Mile: 2 Corinthians 5:17 - Claim the promise!

Saturday Luke 2:8-14

Reflect: For 300 years, it seemed like God was silent. There was much pain in the life of the Israelites. But through this pain, God spoke and created new life. And his name was Jesus. Where do you need God to speak the name of Jesus in your life today?

Prayer: God of new life, let your light shine through my pain today.

Extra Mile: Joshua 1:9 - How can you make a step toward a new life today?

Sunday Revelation 21:1-6

Reflect: In all things, the good and the bad, God is always about the business of creation, redemption, and reconciliation. Wherever you are, God is there with you. Jesus is with you. The Holy Spirit is with you.

Prayer: God of new life, let your light shine through my pain today.

Extra Mile: Romans 8:28 - Search for and claim the good that has been revealed to you.

